



# EMOTIONAL SUPPORT AT EVERY STAGE

POSTPARTUM DEPRESSION AND ANXIETY AFFECTS UP  
TO 2,000 WOMEN EVERY YEAR IN CHARLESTON.

We see you, mama. Despite being surrounded by people, you feel completely alone and disconnected. This should be the happiest time of your life, but all you know is anxiety, overwhelm and exhaustion. You believe that pushing through for the sake of your family is the only solution, but the truth is that you must take care of your health first to provide the best for your baby. We have walked this walk and understand the desperation and fear you feel. You have not failed and you are not alone. There is another side to this where you love yourself, love your baby and love your life - let us help you get there.



POSTPARTUM SUPPORT  
CHARLESTON

Get in touch with us today:  
CALL OR TEXT: 843-410-3585  
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